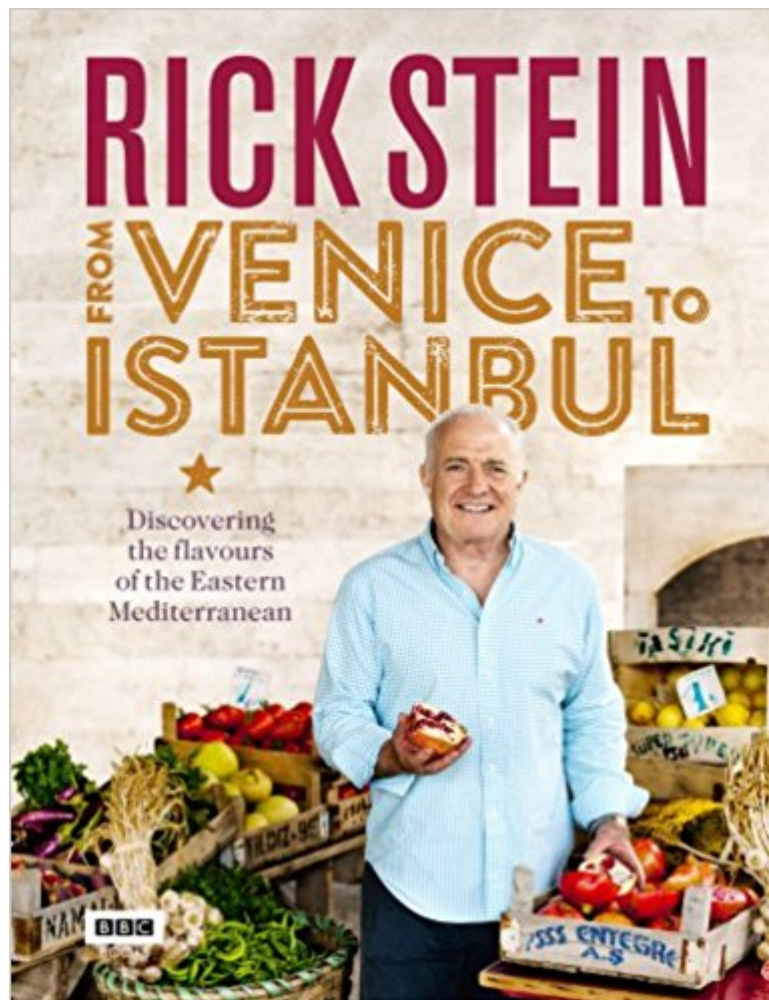




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# Rick Stein: From Venice To Istanbul: Discovering The Flavours Of The Eastern Mediterranean



## Synopsis

From the mythical heart of Greece to the fruits of the Black Sea coast; from Croatian and Albanian flavors to the spices and aromas of Turkey and beyondâ”the cuisine of the Eastern Mediterranean is a vibrant melting pot brimming with character. This book includes more than 100 spectacular recipes discovered by Rick during his travels. The ultimate mezze spread of baba ghanoush, pide bread and keftedes. Mouthwatering garlic shrimps with soft polenta. Heavenly Dalmatian fresh fig tart. Packed with stunning photography of the food and locations, and filled with Rick&#39;s passion for fresh produce and authentic cooking, this collection of inspiring recipes evokes the magic of the Eastern Mediterranean at home. Includes metric measures.

## Book Information

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## Customer Reviews

Rick Stein&#39;s talent for creating delicious flavor combinations in his books and restaurants have won him a host of awards, accolades and fans. As well as hosting a number of television series, he has published many cookbooks, including Complete Seafood, French Odyssey, Far Eastern Odyssey, and Rick Steinâ”s India.

Fabulous book . I have 3 other recipe books of his. I love his style and have made some super meals from it. I like cooking different cuisines and trying new ideas. Highly recommend this book.

A superb publication, the recipes are very easy to follow and interesting

Makes you want to travel the same route

Always love Rick's books as they intertwine literary commentary , travel and food. Great story teller and this show was full of humour.

Rick Stein's new book is a feast for the senses. From the beautiful hardcover (just as gorgeous without the dust jacket as it is with it!), to the glorious photos and amazing recipes, From Venice to Istanbul is an absolute delight! From Moussaka to Kofte, Hummus to Baklava, all you need to cook the delightful cuisine of the Eastern Mediterranean is found within these pages. Make your own Pide Bread to eat with your homemade Lamb and Pistachio Kofte or Cilbir. Most of us are familiar with some of the Mediterranean cuisines from places like Italy and Greece, but this book takes you to further, to places like Turkey, Albania and Croatia. Try Rozata, a creme caramel flavored with rose water from Croatia, or Gozleme from Turkey or Chicken Yufka from Albania. Put a little spice in your life, and travel outside your comfort zone to sample these delightful cuisines from far flung places. I think you'll be glad you did! I received a copy of this book from Trafalgar Publishing through IPG for my honest review. All thoughts and opinions are my own.

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